

I'm here, thank you for finding me

Thank you for seeing me

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HURTING TO HEALING TO HELPING

ACA UK CONVENTION'S RETREAT, 29th - 31st March 2019, WISTON LODGE, MILLRIG RD, BIGGAR, ML12 6HT

We are excited to be holding an Introduction to Healing the Inner Child Workshop... alongside the Laundry List Traits' Meetings

Introduction to Healing the Inner Child Workshop

The Laundry List

Traits' Meetings

Do you feel stuck in your healing process?

Are you unable to access deep emotional wounds in a safe way

TRAIT'S' MEETINGS

to allow for deeper healing to occur?

Do you feel that no matter what you do, you still keep acting out the same patterns?

weekend includes; food, accommodation & Workshop

Are you committed to your ong-term healing journey and crave long term, meaningful change?

acainternationalconvention@gmail.com

Have you suffered from long-term neglect, abuse and abandonment during childhood?

Then maybe this workshop is for you.

THE BEAT GOES ON

THE 14 LAUNDRY LIST

Cost: £130 for

For Program and to Book

Email